Personal, Social, Health and Economic Education

Queen Eleanor Primary School's curriculum drivers ensure that all children:

- have enriched lives through access to **high quality life experiences** which equip pupils with the cultural capital they need
- develop a love of reading through exposure to **high quality texts**;
- are able to articulate and reason about the world around them through a highly developed **vocabulary**;
- are challenged to acquire a broad and balanced range of **skills and knowledge** through exposure to carefully planned and progressive subject content which will provide a basis for **high aspirations**.
- have opportunities to develop socially, morally, spiritually and culturally and demonstrate **fundamental human values** with a particular emphasis on **resilience**

The contribution of PSHE to push forward our school's curriculum drivers is as follows:

- Life Experiences – the children experience activities and visits which build up their cultural capital
- Quality Texts – Our class novels – read daily by the teacher – are high quality texts relating to various experiences, societies and emotions
- Vocabulary – the children use and understand a wide range of vocabulary, including abstract terms, to present, communicate and organise ideas about cultural diversity, emotional wellbeing, British Values, fundamental human values, health and safety.
- Skills and Knowledge – the children are exposed to a broad range of concepts, skills and knowledge to live a healthy, safe, fulfilled and responsible lives.
- Personal development – the children gain an understanding of how social, moral, spiritual and cultural values have developed over time and in different parts of the world. They reflect on their own and British Values and Attitudes and reflect on complex and conflicting attitudes and values they may encounter in the future. They are encouraged to be resilient, given the courage to bounce back from failure or challenges and grow as an individual.

Curriculum Intent – PSHE

At QEP, our planned curriculum programme of learning opportunities and experiences specifically promotes children's personal, social and health development and helps them to grow as individuals and members of families and communities. PSHE equips children with knowledge and practical skills to live healthy, safe, fulfilled and responsible lives, both now and in the future. Through the explicit teaching of mental and emotional health, we promote pupils' well-being through an understanding of their own and others' emotions and the development of healthy coping strategies. It also contributes to safeguarding, providing pupils with knowledge, understanding and strategies to keep themselves healthy and safe, as well as equipping them to support others who are facing challenges. PSHE also helps them to reflect on their own and British values and attitudes and explore the complex and sometimes conflicting range of attitudes and values they may encounter now and in the future.

Characteristics of a child growing up as a successful citizen of Modern Britain

- Be able to demonstrate that they recognise their own worth and that of others, and identify positive ways to face new challenges.
- The ability to express their views confidently, and listen to and show respect for the views of others.
- The ability to make choices about how to develop healthy lifestyles.
- The ability to identify some factors that affect emotional health and well-being.
- Ability to identify different types of relationships and show ways to maintain good relationships.
- Research, discuss and debate topical issues, problems and events.
- Understand why and how rules are made and enforced, why different rules are needed in different situations and take part in making and changing rules.
- Demonstrate respect and tolerance towards others, and resolve differences by looking at alternatives, making decisions and explaining choices
- Shown an appreciation of the diversity of religious, and ethnic identities in the United Kingdom and describe some of the different beliefs and values in society.
- Be able to articulate the meaning of the British Values and how these support harmony within their own and wider communities

Implementation: PSHE

Our pupils should be able to organise their knowledge, skills and understanding around the following concepts:

- Caring friendships
- Families and people who care for me
- Respectful relationships
- Being Safe
- Mental wellbeing
- Internet Safety and online harm
- Online relationships
- Physical health and fitness
- Healthy eating
- Drugs, alcohol and tobacco
- Health and prevention
- Basic First aid
- Changing bodies
- Being a good citizen

The fourteen concepts underpin learning in each milestone. This consistent, cyclical re-visiting enables pupils to reinforce and build upon prior learning, to make connections and develop subject specific language.

For more information, please see our progression of skills and knowledge documents within this folder.

Aspirations For The Future

- Guide Dog Trainer
- Social Worker
- Rehoming Assistant
- Care Assistant
- Counsellor
- Mental Health Practitioner

Impact: PSHE

Through the explicit teaching of the PSHE curriculum, teachers and pupils assess their learning throughout the lesson (AFL). At the end of the topic, pupils are given specific Progress tasks to assess their knowledge and understanding – whether basic, advancing or deep, building a schema of connections of concepts and knowledge which the pupil can retrieve throughout their continued learning journey in PSHE. We hope children will be encouraged to research independently to further their own interest in this subject.

The overall measure of the impact of PSHE in the curriculum is that our pupils become caring, empathetic, responsible, resilient individuals who have the knowledge and understanding to become valued citizens in our diverse, modern world, armed with strategies to maintain a physically, mentally and emotionally healthy life-style.